Click any subject below to view the content.

Contents

Resource Locator2
General Overview
Substance Type5
Nicotine5
Alcohol5
Inhalants and Party Drugs6
Cannabis6
Stimulants7
Multiple Substances7
Confidentiality9
Equity and Inclusion10
Social Determinants of Health11
Barriers to Treatment / How to Engage Youth In Treatment13
Building and Promoting Resilience14
Screening Tools
Screening Tools 16 Identification / Diagnosis of Adolescent SUD 17
Identification / Diagnosis of Adolescent SUD17
Identification / Diagnosis of Adolescent SUD17 Testing
Identification / Diagnosis of Adolescent SUD
Identification / Diagnosis of Adolescent SUD
Identification / Diagnosis of Adolescent SUD
Identification / Diagnosis of Adolescent SUD17Testing.18SUD and Co-Occurring Mental Illness19SUD and Co-Occurring Medical Illness20Working With Families Impacted by Substance Use21Evidence-Based Psychotherapies.22
Identification / Diagnosis of Adolescent SUD17Testing.18SUD and Co-Occurring Mental Illness19SUD and Co-Occurring Medical Illness20Working With Families Impacted by Substance Use21Evidence-Based Psychotherapies.22Buprenorphine Treatment23
Identification / Diagnosis of Adolescent SUD17Testing.18SUD and Co-Occurring Mental Illness19SUD and Co-Occurring Medical Illness20Working With Families Impacted by Substance Use21Evidence-Based Psychotherapies22Buprenorphine Treatment23Managing Treatment24
Identification / Diagnosis of Adolescent SUD17Testing.18SUD and Co-Occurring Mental Illness19SUD and Co-Occurring Medical Illness20Working With Families Impacted by Substance Use21Evidence-Based Psychotherapies22Buprenorphine Treatment23Managing Treatment24Sustainability in Your Primary Care Office25
Identification / Diagnosis of Adolescent SUD17Testing18SUD and Co-Occurring Mental Illness19SUD and Co-Occurring Medical Illness20Working With Families Impacted by Substance Use21Evidence-Based Psychotherapies22Buprenorphine Treatment23Managing Treatment24Sustainability in Your Primary Care Office25Emergency Room Care for Adolescent Substance Use26

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at <u>www.treatme.info</u>

Resource Locator

The Maine AAP has a resource locator tool that breaks down resources for providers and families of adolescents with a substance use disorder by county.

https://www.maineaap.org/substance-use-disorder

General Overview

Video

Addiction 101 - https://www.youtube.com/watch?v=ySn20YJB2KQ

Opioid Use Disorder - https://www.youtube.com/watch?v=zOAZ5XyIA1w

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers https://www.youtube.com/watch?v=BMjR9bQSkIQ

Substance Use and Substance Use Disorders in Youth https://www.youtube.com/watch?v=N_Mptt9ieRM

Resources for Providers

Best Practices for Addressing Adolescent Opioid Use https://drive.google.com/file/d/1ENaj4dPujv2MWrdgssAi2wlLaGMvLGKo/view

Medication-Assisted Treatment of Adolescents With Opioid Use Disorders https://drive.google.com/file/d/1bKAHzpxDWiXSE-qse2O0K-eIS2DJ7s0A/view

Search and Rescue Essentials https://drive.google.com/file/d/1uztnM3Nh9j8AUJZo8QsTLnCsIp2WDkCy/view

Investing in Adolescent and Young Adult Health Booklet https://www.treatme.info/assets/docs/Adolescent_Health_Investing_in_Adolescent_and_ Young_Adult_Health_Booklet.pdf

Characteristics of Medicaid-Enrolled Adolescents with Unhealthy Opioid or Other Substance Use - <u>https://www.treatme.info/assets/docs/Characteristics-of-medicaid-</u> enrolled-adolescents-with-unhealthy-opioid-or-other-substance-use.pdf

Access Maine - https://www.accessmaine.org/

211 Maine - https://211maine.org/

My Maine Connection - https://www.mymaineconnection.gov/benefits/s/?language=en_US

Regional Care Teams - https://placemattersmaine.org/regional-care-teams/

Find Treatment - https://findtreatment.gov/locator

Options - https://knowyouroptions.me/

Eyes Open for ME - https://eyesopenforme.org/

Maine Access Points - https://www.maineaccesspoints.org/

Resources for Families

Reducing Overdose Risk - <u>https://drive.google.com/file/d/1r5R2JNvXvlyE63cxk3Y7a0Ttu-</u> ms4NOf/view Opioids Fact Sheet - <u>https://drive.google.com/file/d/16WXVlqrGyP-</u> <u>U8ea6Yi5JxyHjD5aYxOqV/view</u>

The Facts About Fentanyl - <u>https://drive.google.com/file/d/1bZNGxb7qmjD-</u> ZddOpk5WHdDR-NcqYFIW/view

Reducing the Risks of Fentanyl in the US - <u>https://nida.nih.gov/videos/reducing-risks-fentanyl-in-us</u>

What is Fentanyl - <u>https://nida.nih.gov/research-topics/trends-</u> statistics/infographics/what-fentanyl

Substance Type

Nicotine

Video

Nicotine Use Disorder - https://www.youtube.com/watch?v=9t1PtvsRmUI

Resources for Providers

E-cigarette Use Among Youth and Young Adults - <u>https://drive.google.com/file/d/1y3T0-</u> byGh1NEGsC_Ue1ieU14FB_3A5_a/view

E-cigarettes and Similar Devices -

https://drive.google.com/file/d/1e18xB1Z8W_9LW0ubH6dv9ch15WQL4yfE/view

Nicotine Replacement Therapy and Adolescent Patients: Information for Pediatricians https://drive.google.com/file/d/1nqgp6gHqrfCaQ33xFiMg-OjHfEu8LPou/view

Youth Tobacco Cessation - <u>https://www.aap.org/en/patient-care/tobacco-control-and-prevention/youth-tobacco-cessation/</u>

Tobacco Use: Considerations for Clinicians - <u>https://www.aap.org/en/patient-</u> care/tobacco-control-and-prevention/youth-tobacco-cessation/tobacco-useconsiderations-for-clinicians/

Health Care Professionals: Educate Your Young Patients About the Risks of E-cigarettes https://drive.google.com/file/d/1yiHg4ifQhSCC8Af2GGHb7DXVFf_hF29J/view

Supporting Youth Who Are Addicted to Nicotine https://drive.google.com/file/d/1CeWTO72cxL0yp_tHX0BycfpKtlEtTejS/view

Tobacco Use Disorders https://drive.google.com/file/d/11zTxOBUvN8LCqefR3VxaAGx_AbTCe05L/view

Resources for Families

E-cigarette Use Among Youth and Young Adults - <u>https://drive.google.com/file/d/1y3T0-</u> byGh1NEGsC_Ue1ieU14FB_3A5_a/view

E-cigarettes and Similar Devices https://drive.google.com/file/d/1e18xB1Z8W_9LW0ubH6dv9ch15WQL4yfE/view

Alcohol

Video

Alcohol Use and Alcohol Use Disorder in Adolescents & Young Adults https://www.youtube.com/watch?v=abh6zzUbzVo

Resources for Providers

Prediction of Alcohol Withdrawal Severity Scale -

https://www.mdcalc.com/calc/10102/prediction-alcohol-withdrawal-severity-scale#whyuse

Alcohol Use by Youth - <u>https://drive.google.com/file/d/1PUohhAY5XlcpmH_1gNCxwqtc-U_C7lFN/view</u>

Medication for the Treatment of Alcohol Use Disorder: A Brief Guide https://drive.google.com/file/d/1dJSy9EGjkNnPxDJ79ggjhHYoNSa7wAgq/view

Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide https://drive.google.com/file/d/1AmIUdJI03Hbg5ZIaSARrHz49V1CL5mLr/view

Resources for Families

Alcohol Fact Sheet https://drive.google.com/file/d/1tQDB41cO5PVwPxxulmO2QQnI27gLPn4R/view

Inhalants and Party Drugs

Video

Party Drugs & Inhalants - https://www.youtube.com/watch?v=EglzlM24RYQ

Resources for Providers

Inhalant Drug Facts https://drive.google.com/file/d/1xTPhUTDT4RrPq5QlrzagiCjD32rPqclR/view

Clinical Research Article: Self-reported PTSD is Associated with Increased Use of MDMA in Adolescents with Substance Use Disorders https://drive.google.com/file/d/1QXTX6NMkiM-HqSSMJVND2vlGEP_njDq_/view

Understanding Adolescent Inhalant Use https://drive.google.com/file/d/1jWolvrzH6vV3ftcFsRwIwgQ6qM1OTBK /view

Resources for Families

Inhalants Drug Facts https://drive.google.com/file/d/1xTPhUTDT4RrPq5QlrzagiCjD32rPqclR/view

Inhalants: What You Need to Know https://drive.google.com/file/d/1SeY1NXqkqtrVnJpqhFVve1fBNmaUyp7p/view

Cannabis

Video

Adolescents and Cannabis Use - https://www.youtube.com/watch?v=KCMC8YX7Wul

Resources for Providers

Association of Cannabis Use During Adolescent with Neurodevelopment https://drive.google.com/file/d/1Wh1q1hHAPHxch3_JC14KXgb5qguoLvQd/view

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at <u>www.treatme.info</u>

Marijuana and the Pediatric Population -

https://drive.google.com/file/d/1H_4TCh3svrxQDxh2kDwzqmj-qtiYBcVd/view

U.S. Surgeon General's Advisory: Marijuana Use and the Developing Brain https://drive.google.com/file/d/13Q6Xz8Kfcai_w-wX3O_N7e_xZ_T6nY50/view

The Impact of Marijuana Use and the Developing Brain https://drive.google.com/file/d/1GMKIpW1WLhuipAqZMKB8W7NqtjNb98hp/view

Resources for Families

Cannabis (Marijuana) Drug Facts https://drive.google.com/file/d/15gIP8avf9UDSx_Api8rZk4T7zC2iQsYL/view

Stimulants

Video

Stimulants: What Do I Need to Know and What Do I Do? https://www.youtube.com/watch?v=E0vcXZvuTY4

Resources for Providers

Prescription Stimulant Misuse and Preventing Among Youth and Young Adults https://drive.google.com/file/d/1Cjsa1G-sluG7dyP_9MrQ7Oy5j6HUCUbA/view

Prescription CNS Depressants Drug Facts - <u>https://drive.google.com/file/d/1oR2CEDa_--</u> iWCoEEpCC8DVnYLWWm2f3V/view

Resources for Families

Depressants Fact Sheet https://drive.google.com/file/d/15cGbNRRr1iibsaNyLV_julOyOw4wSQyX/view

Stimulants Fact Sheet https://drive.google.com/file/d/1rGKlRvZ1_4M6WjDBmz4C0hPBdPXNkpJK/view

Prescription CNS Depressants Drug Facts - <u>https://drive.google.com/file/d/10R2CEDa_--</u> iWCoEEpCC8DVnYLWWm2f3V/view

Multiple Substances

Video

Use of Multiple Substances During Adolescence https://www.youtube.com/watch?v=IDVbT2GaGV0&t=1s

Resources for Providers

Other Drugs - <u>https://drive.google.com/file/d/1Nwi-a5KgYP8Gm4Y7uTypAuk40MA19psa/view</u>

CDC Podcast on Polysubstance Use - <u>https://www.cdc.gov/stopoverdose/polysubstance-use/podcast/CDC-Podcast-The-Risks-and-Consequences-of-Polysubstance-Use.mp3</u>

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at <u>www.treatme.info</u>

Using Alcohol and Marijuana Together Exacerbates Negative Consequences in Young Adults - https://www.cdc.gov/stopoverdose/polysubstance-use/podcast/CDC-Podcast-The-Risks-and-Consequences-of-Polysubstance-Use.mp3

Resources for Families

CDC Podcast on Polysubstance Use - <u>https://www.cdc.gov/stopoverdose/polysubstance-use/podcast/CDC-Podcast-The-Risks-and-Consequences-of-Polysubstance-Use.mp3</u>

Polysubstance Use Facts -

https://drive.google.com/file/d/168VHYHrKxk6bWX1dZtFHtBBhbNSeZc1B/view

Confidentiality

Video

Confidentiality for Adolescent Treatment in Maine https://www.youtube.com/watch?v=SzU2XiKac24&t=6s

Confidentiality for Adolescents Seeking SUD Treatment – https://www.youtube.com/watch?v=dALTLyJ8efw

Resources for Providers

The 21st Century Cures Act & Adolescent Confidentiality https://www.treatme.info/assets/docs/The-21st-Century-Cures-Act-Adolescent-Confidentiality.pdf

Protecting Confidentiality under Health Care Reform https://www.treatme.info/assets/docs/Protecting-confidentiality-EOB-Policy-Brief_FINAL.pdf

Confidentiality Protections in Billing for Adolescent Health Care https://www.treatme.info/assets/docs/Confidentiality-and-billing-in-adolescent-Healthcare.pdf

AMA Code of Medical Ethics - https://code-medical-ethics.ama-assn.org/

Resources for Families

Minors' Rights; A Guide to Confidential Health Care in Maine -

https://www.treatme.info/assets/resources/Minors-Rights_-A-guide-to-confidentialhealth-care-in-Maine.pdf

Equity and Inclusion

Video

Working with Youth Who Use Substances – https://www.youtube.com/watch?v=hYrPsh8QcRU

Resources for Providers

Lesbian, Gay, Bisexual, Transgender, Queer, and Intersex (LGBTQI+): SAMHSA Programs and Initiatives - <u>https://www.samhsa.gov/behavioral-health-equity/lgbtqi</u>

A Pediatrician's Guide to an LGBTQ+ Friendly Practice - <u>https://www.aap.org/en/patient-</u> <u>care/lgbtq-health-and-wellness/a-pediatricians-guide-to-an-lgbtq-friendly-practice/</u>

Building Health Equity and Inclusion - https://attcnetwork.org/equity/

Substance Use and SUDs in LGBTQ+ Populations - <u>https://nida.nih.gov/research-topics/substance-use-suds-in-lgbtq-populations</u>

Words Matter: Preferred Language for Talking About Addiction https://nida.nih.gov/research-topics/addiction-science/words-matter-preferred-languagetalking-about-addiction

Addition Nursing Competencies: A Comprehensive Toolkit for the Addictions Nurse https://journals.lww.com/jonajournal/fulltext/2021/09000/addiction_nursing_competencie s_a_comprehensive.4.aspx

Building Health Equity and Inclusion - https://attcnetwork.org/equity/

Systemic Racism and Substance Use Disorders https://drive.google.com/file/d/1sYeRs7KeR_2jCH_v4h8z1PaLuExzVcCz/view

Resources for Families

Pronouns Matter - https://pronouns.org/

Words Matter: Preferred Language for Talking About Addiction https://nida.nih.gov/research-topics/addiction-science/words-matter-preferred-languagetalking-about-addiction

Stigma Free Me - <u>https://www.nami.org/Get-Involved/Pledge-to-Be-</u> StigmaFree/StigmaFree-Me/Stigma-Free-Quiz-Results

Social Determinants of Health

Video

Social Considerations (Housing, School, Work, Juvenile Justice Involvement) https://www.youtube.com/watch?v=iCJB0TD--h4

Resources for Providers

Substance Use Among Youth Experiencing Homelessness https://drive.google.com/file/d/1hwYvRkW9hF8mlHcIJwQJfn0Jdi-8xyTP/view

Social Determinants of Health - <u>https://health.gov/healthypeople/objectives-and-data/browse-objectives#social-determinants-of-health</u>

Review of Evidence for Health-Related Social Needs Interventions https://www.commonwealthfund.org/sites/default/files/2019-07/ROI-EVIDENCE-REVIEW-FINAL-VERSION.pdf

World Health Organization: Social Determinants of Health - <u>https://www.who.int/health-topics/social-determinants-of-health#tab=tab_1</u>

Healthy People 2023: Social Determinants of Health https://health.gov/healthypeople/priority-areas/social-determinants-health

Addressing Social Determinants of Health: Examples of Successful Evidence-Based Strategies and Current Federal Efforts -

https://www.aspe.hhs.gov/sites/default/files/documents/e2b650cd64cf84aae8ff0fae7474 af82/SDOH-Evidence-Review.pdf

Screening Children for Social Determinants of Health: A Systematic Review https://publications.aap.org/pediatrics/article/144/4/e20191622/38457/Screening-Children-for-Social-Determinants-of?autologincheck=redirected

Boston Medical Center: Thrive Screening Tool - <u>https://sirenetwork.ucsf.edu/tools-</u> resources/resources/boston-medical-center-thrive-screening-tool

The Health Leads Screening Tool - <u>https://healthleadsusa.org/news-resources/the-health-leads-screening-toolkit/</u>

Find Help - https://www.findhelp.org/

Non-Emergency Transportation - <u>https://www.maine.gov/dhhs/oms/member-</u> resources/transportation

McKinney-Vento Education in Maine -

https://www.maine.gov/doe/schools/safeschools/counseling/highmobility/homelessed

Youth Peer Support Statewide Network (YPSSN) - <u>https://www.mainehealth.org/maine-behavioral-healthcare/care-and-services/counseling-and-therapy-services/peer-support/youth-peer-support-statewide-network</u>

A Handbook for Youth by Youth in Foster Care by Youth Leadership Advisory Team (YLAT) https://c0813ee5-b9d5-416c-a232-

bb13f6f6a54b.filesusr.com/ugd/367d17_c246229a3fe143059f2cc23f72b74022.pdf

High School and Beyond: A Guide to Transition -

https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/documents/ocfs/cbhs/document s/Youth%20Transition%20Booklet%202019.pdf

Resources for Families

Maine Care Assistance - https://www.maine.gov/dhhs/ofi/programs-services/health-careassistance

Guide to Katie Beckett Application Process - <u>https://www.maine.gov/dhhs/ocfs/support-</u> for-families/childrens-behavioral-health/katie-beckett-option

Barriers to Treatment / How to Engage Youth In Treatment

Video

Addressing Barriers to Adolescents Seeking Substance Use Treatment - <u>https://www.youtube.com/watch?v=FpPkiuB7VnU</u>

Working with Youth Who Use Substances – https://www.youtube.com/watch?v=hYrPsh8QcRU

Resources for Providers

Why Interventions to Influence Adolescent Behavior Often Fail but Could Succeed https://www.treatme.info/assets/docs/Why-Interventions-to-Influence-Adolescent-Behavior-Often-Fail-but-Could-Succeed.pdf

Improving Substance Use Prevention, Assessment, and Treatment Financing to Enhance Equity and Improve Outcomes Among Children, Adolescents, and Young Adults https://www.treatme.info/assets/docs/Improving-Substance-Use-Prevention-Assessmentand-Treatment-Financing-to-Enhance-Equity-and-Improve-Outcomes-Among-Children-Adolescents-and-Young-Adults.pdf

Building and Promoting Resilience

Video

Promoting Positive Adaptations to Adverse Circumstances – https://www.youtube.com/watch?v=-ytqN_nQvio

Resources for Providers

Adolescent Health Highlight: Positive Mental Health: Resilience https://drive.google.com/file/d/1XK-TnLUmK6yTHSrQpxnN0LJA-AisM8GS/view

Adolescents' Resilience During Covid-19 Pandemic and Its Mediating Role in the Association Between SEL Skills and Mental Health https://drive.google.com/file/d/13Lwu0k0xdTXGGAxee8sHn4YgdKE0emEw/view

Blum Center Program: Fostering and Preventing Depression, Stress and Suicide in Youth https://www.youtube.com/watch?v=ybXoqs1772E

Botvin Life Skills Training Program - https://www.lifeskillstraining.com/program-structure/

Building Resilience in Children and Teens: Giving Kids Roots and Wings https://www.amazon.com/Building-Resilience-Children-Teens-Giving/dp/1581105517

CDC Promising Practices: The Aban Aya Youth Project (AAYP) https://cdc.thehcn.net/promisepractice/index/view?pid=3457

A Community-Based Systems Learning Approach to Understanding Youth Violence in Boston - <u>https://pubmed.ncbi.nlm.nih.gov/21441670/</u>

Developing Norms for the California Resilience Youth Development Module: Internal Assets and School Resources Subscales - <u>https://files.eric.ed.gov/fulltext/EJ878359.pdf</u>

Familias Unidas: Blueprints for Healthy Youth Development https://www.blueprintsprograms.org/familias-unidas/

Fathers and Sons: Prevention Research Collaborative https://prc.sph.umich.edu/projects/fathers-and-sons/

Maine Resilience Building Network - https://maineresilience.org/

Multidimensional Family Prevention for At-Risk Adolescents https://static1.squarespace.com/static/60469dc5522a05284a1176f8/t/60a82c56a76f4b3 4a4ff497a/1621634142357/Hogue_et_al_2002_Multidimensional_Family_Prevention_for_A t-Risk_Adolescents_.pdf

Positive Youth Development - https://youth.gov/youth-topics/positive-youth-development

Preparing for the Drug Free Years - https://www.ojp.gov/pdffiles1/173408.pdf

QUT Resourceful Adolescent Program - <u>https://www.rap.qut.edu.au/programs</u>

Resilience and Youth Development Module: Lee Kum Sheung Center for Health and Happiness - https://www.hsph.harvard.edu/health-happiness/resilience-and-youth-development-module/

RULER: Evidence Based Approach to Social and Emotional Learning (SEL) Developed at the Yale Center for Emotional Intelligence - <u>https://hundred.org/en/innovations/ruler</u>

Suicide, Overdose, and Adverse Childhood Experiences Prevention Capacity Assessment Tool (SPACECAT) - <u>https://my.astho.org/spacecat/home</u>

Strengthening Families Program by Karol Kumpfer https://strengtheningfamiliesprogram.org/

What is a Planning Model? An Introduction to PRECEDE-PROCEED https://onlinelibrary.wiley.com/doi/full/10.1111/j.1752-7325.2011.00235.x

What is YES? (Youth Empowerment Solutions) - <u>https://yes.sph.umich.edu/about-us/what-is-yes/</u>

Resources for Families

Adolescent Health Highlight: Positive Mental Health; Resilience https://drive.google.com/file/d/1XK-TnLUmK6yTHSrQpxnN0LJA-AisM8GS/view

Center for Parent and Teen Communication - https://parentandteen.com/

Fathers and Sons: Prevention Research Collaborative - https://prc.sph.umich.edu/projects/fathers-and-sons/

Positive Youth Development: The Administration for Children and Families https://www.acf.hhs.gov/fysb/positive-youth-development

Botvin Life Skills - https://www.lifeskillstraining.com/program-structure/

QUT Resourceful Adolescent Program - https://www.rap.qut.edu.au/programs

Resilience for Teens: 10 Tips to Build Skills on Bouncing Back from Rough Times https://www.apa.org/topics/resilience/bounce-teens

Resilience Helps to Prevent Youth Substance Use https://drive.google.com/file/d/1zQ1H4-tzflgTdgNos7T5EVbQTjsqrx_V/view

Strengthening Families Program - https://strengtheningfamiliesprogram.org/

Screening Tools

Video

Introduction to Adolescent and Adult SBIRT for Busy Primary Care Settings https://www.youtube.com/watch?v=tufHJn71VAM

Referral to Treatment: Overcoming Common Barriers https://www.youtube.com/watch?v=ZYJ2RM-LKVE

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers https://www.youtube.com/watch?v=BMjR9bQSkIQ

Evidence-Based Psychotherapies for Adolescents with Co-Occurring Substance Use and Mental Health Disorders - <u>https://www.youtube.com/watch?v=3z9zjad4trg</u>

Resources for Providers

Adolescent SBIRT Toolkit for Providers - <u>https://drive.google.com/file/d/1tBC1I-58RM4POvXigKJ6iBfQAkEnDlPL/view</u>

Substance Use Screening, Brief Intervention, and Referral to Treatment https://drive.google.com/file/d/1J1dRPoix6NTc_cwk_UPnGnd9K2AAYmI/view

Health Education & Training Institute - https://www.hetimaine.org/

The HEADS-ED -

https://drive.google.com/file/d/1Aox2G2C2roAGYf0qGwqrZu2exkZR7h5Q/view

YSBIRT - https://www.thenationalcouncil.org/program/ysbirt/

Identification / Diagnosis of Adolescent SUD

Video

Substance Use Presenting as/or Exacerbating Physical or Mental Illness in Teenagers https://www.youtube.com/watch?v=BMjR9bQSkIQ

Resources for Providers

AMA: Substance Use Disorder https://drive.google.com/file/d/1ipzrYggvWqd2qylpaDourr8UAUKlPxSf/view

ASAM Continuum of Care https://drive.google.com/file/d/18mtGPHlPtvxLloI8JqHUkoo9ipJpA_7K/view

ASAM Criteria Levels of Care https://drive.google.com/file/d/1223Zpv_kRu1FRbMEpKJjOqhANV-waWHM/view

Identifying Optimal Level of Care Placement Decisions for Adolescent Substance Use Treatment - <u>https://drive.google.com/file/d/1h0oD2BDVMM4xBrtYyqXbCbp04skWjt_R/view</u>

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide https://drive.google.com/file/d/1n7gf-QBHraxx10iXF28DygATwnEiMARy/view

Resources for Families

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide https://drive.google.com/file/d/1n7gf-QBHraxx10iXF28DygATwnEiMARy/view

Testing

Video

Urine Drug Testing in Adolescents - https://www.youtube.com/watch?v=Gg9Oh9MfsdM

Resources for Providers

Adolescent Drug Testing Policies in Schools https://drive.google.com/file/d/1mqhEo7AUre9U2YG_1tS8EICEn3Jo3f5c/view

Caring for Patients During the COVID-19 Pandemic: Adjusting Drug Testing Protocols https://drive.google.com/file/d/1URSx1IEzNqn5byKIRPRjkd_blomK2W2S/view

Adolescent Drug Testing Policies in Schools https://drive.google.com/file/d/1g3xiXaFHvn9gU6HShpEOymjl4E0qi0pE/view

Public Policy Statement on Drug Testing as a Component of Addiction Treatment and Monitoring Programs and in other Clinical Settings https://drive.google.com/file/d/1kr_sAjWyfJoBF0aBwF-rbbspH6kJc_J1/view

Toxicology Screening https://drive.google.com/file/d/1GICt5AGiOd5m3DJqDME1Plvk6pRzuz-W/view

SUD and Co-Occurring Mental Illness

Video

Adolescent OUD/SUD & Co-Occurring Mental Illness https://www.youtube.com/watch?v=oe2NhIRDpY4&t=4s

Resources for Providers

5 Co-Occurring Medical and Psychiatric Conditions https://drive.google.com/file/d/1bzFyl5UO-Np3je-xZd9GFAkzSXzAHEbl/view

Evaluation and Management of Children and Adolescents With Acute Mental Health or Behavioral Problems. Part 1: Common Clinical Challenges of Patients With Mental Health and/or Behavioral Emergencies -

https://drive.google.com/file/d/1xV2RI5gJ_Qxg9I9Ev1cFTd32q6a4BgfJ/view

Dual Diagnosis: Serious Mental Illness and Co-Occurring Substance Use Disorders https://drive.google.com/file/d/1N0kLK8Dc99PmJ0gLK8q5t9BzOPLL0Uix/view

Traumatic Events and Substance Use Disorders in Adolescents https://drive.google.com/file/d/1q14cV3bd1oHH0pJ59VmGSnqX_YKmueDp/view

Knowledge Center - https://www.naadac.org/knowledge-center

Evaluation and Management of Children and Adolescents with Acute Mental Health or Behavioral Problems. Part 1: Common Clinical Challenges of Patients with Mental Health and/or Behavioral Emergencies -

https://drive.google.com/file/d/1krsjdq4kcqY6pzeonBG8ZNEXfqc4YcOP/view

The HEADS-ED -

https://drive.google.com/file/d/1Aox2G2C2roAGYf0qGwqrZu2exkZR7h5Q/view

Child and Adolescent Mental and Behavioral Health Principles https://drive.google.com/file/d/1TiUdhVwSQVRsVrR937xgayb2FeyvIRbR/view

DUAL DIAGNOSIS: Serious Mental Illness and Co-Occurring Substance Use Disorders https://drive.google.com/file/d/1bnhuPAyYPDv2-LwV6j5pGsuR9kG6fDl1/view

Treatment Considerations for Youth and Young Adults with Serious Emotional Disturbances and Serious Mental Illnesses and Co-occurring Substance Use - https://drive.google.com/file/d/1paLHC5KWUCB_PNJn-0JkHLVFtreP_sfU/view

Resources for Families

Common Comorbidities with Substance Use Disorders Research Report https://drive.google.com/file/d/1F9lvwpk1AHYmjHH_BNnaRRTQh0_WoGUw/view

Common Comorbidities with Substance Use Disorders Research Report https://drive.google.com/file/d/1NiaoCP1-sjmDl-oc-wnIOv3LkjeaTqGJ/view

SUD and Co-Occurring Medical Illness

Video

Adolescent Substance Use Disorders and Co-Occurring Medical Illness https://www.youtube.com/watch?v=KtWgdlY8LCU&t=7s

Resources for Providers

Adolescents and Young Adults: The Pediatrician's Role in HIV Testing and Pre- and Postexposure HIV Prophylaxis https://drive.google.com/file/d/1kKuphiLE1Vor1_YdcL4JLQOR59GyoUXz/view

The Risk of Substance Use Among Adolescents and Adults with Eating Disorders https://drive.google.com/file/d/1e2chHSQ4ApS4HFqJFKPsWl7mlYLonYNX/view

Nutritional Status and Eating Habits of People Who Use Drugs and/or are Undergoing Treatment for Recovery: A Narrative Review https://drive.google.com/file/d/18dGSoSfqo5Knk-1XYcuTys6ZUvoYJ6Jq/view

Resources for Families

Pre-Exposure Prophylaxis - <u>https://www.hiv.gov/hiv-basics/hiv-prevention/using-hiv-medication-to-reduce-risk/pre-exposure-prophylaxis</u>

Ready, Set, PrEP - https://readysetprep.hiv.gov/

Common Comorbidities with Substance Use Disorders Research Report https://drive.google.com/file/d/126wvDO3VG0kV1hkBJhJ5C8tbRO3Vnmml/view

Working With Families Impacted by Substance Use

Video

Working with Families Impacted by Substance Use - https://www.youtube.com/watch?v=m0Fs9KU-1lk

Resources for Providers

Family-based Treatments for Adolescent Substance Use https://drive.google.com/file/d/1TohXJ-g3cG5mw0l2CqpK9wVgsk7Vy9Pi/view

Becoming our Young People's Case Managers: Caregivers' Experiences, Needs, and Ideas for Improving Opioid Use Treatments for Young People Using Opioids - https://drive.google.com/file/d/1w-6bbfwul3eh55gvDUcMSfir68Hg4Qgi/view

Resources for Families

Emergency Response for Opioid Overdose https://drive.google.com/file/d/1WF358vzfimDRB_OyipfNLBS_C-8G6qoi/view

Select Resources for Families Dealing with Active Substance Use https://drive.google.com/file/d/1IWC3awrcXQR6yXS44znU6RtMeXqz2QBP/view

Worried About your Child's Exposure to Drugs and Alcohol? https://www.cadenceonline.com/

Helping a Loved One Dealing with Mental and/or Substance Use Disorders https://drive.google.com/file/d/13H1SydlKKniLJKJID7AlgRJ9GoqSgbh5/view

Supporting a Loved One Dealing with Mental and/or Substance Use Disorders: Starting the Conversation -

https://drive.google.com/file/d/1e1sWczwZNQy4LN_kXJidexpJi_5GjUDO/view

Prevention Works. Treatment is Effective. People Can and Do Recover. https://drugfree.org/

Evidence-Based Psychotherapies

Video

Evidence-Based Psychotherapies for Adolescents with Co-Occurring Substance Use and Mental Health Disorders - <u>https://www.youtube.com/watch?v=3z9zjad4trg</u>

Resources for Providers

Adolescent Substance Use Disorder Treatment: An Update on Evidence-Based Strategies https://drive.google.com/file/d/1w3YWBgw2nFdhsOdPW7ktwZ1omSHIa75u/view

Adolescent Substance Use Disorder Best Practice Guide https://drive.google.com/file/d/1P4rRcQr9O3Je6oWh8JbGVL4U4b09PAhJ/view

Recorded OBAT TTA Trainings - https://www.addictiontraining.org/resources/?category=8

U.S. Department of Health and Human Services Resources and Publications 2013-2016 https://drive.google.com/file/d/1CcYGNFX4CXpvvLB6Te_zXlMBdkJ4NtoF/view

Interventions for Substance Use Disorders in Adolescents: A Systematic Review https://drive.google.com/file/d/1QTH3KtMsQlfAb2LamJgOvcbV8ya8dlRS/view

Practice Parameter for the Assessment and Treatment of Children and Adolescents with Substance Use Disorders https://drive.google.com/file/d/1BOPQrHyLjkBLQeQJBwDCisz62-Du8KVg/view

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide https://drive.google.com/file/d/1x-3ugpfmVxhuOHiGkD9chY7tgZWmWoz1/view

Buprenorphine Treatment

Resources for Providers

A Guide for Patients Beginning Buprenorphine Treatment https://drive.google.com/file/d/1si1VaOnbWIKUg26zYXvgEKuEkhgopTxa/view

Prescribing Suboxone in the Outpatient Setting https://drive.google.com/file/d/1kCwEH3pWeyJZe14lemsZQy_HkdqCbngb/view

Buprenorphine/ Buprenorphine-Naloxone in Medication Assisted Treatment of Substance Use Disorder Protocol - <u>https://drive.google.com/file/d/1gP6nqrwGgel-</u> <u>WbWkbEv5vOtcJdQbHW2Y/view</u>

Clinical Pearls of Buprenorphine Treatment https://drive.google.com/file/d/1Btx0jcI6OBCjdsH5k6HvKHCnhABwm4F6/view

Medication-Assisted Treatment of Adolescents With Opioid Use Disorders https://drive.google.com/file/d/1bKAHzpxDWiXSE-qse2O0K-eIS2DJ7s0A/view

Injectable Buprenorphine Resources https://www.addictiontraining.org/resources/?category=11

SAMHSA Buprenorphine: Quick Start Guide https://drive.google.com/file/d/1ensfeNgM4Hze4EKzXYwbLPff2gBn26Wp/view

Agreement for Treatment with Buprenorphine -

https://docs.google.com/file/d/1ZBHzVVriF2S5P_vM9y4fev6RAl0i3mSX/edit?filetype=msw ord

Resources for Families

A Guide for Patients Beginning Buprenorphine Treatment https://drive.google.com/file/d/1si1VaOnbWIKUg26zYXvgEKuEkhgopTxa/view

Managing Treatment

Video

Getting Started: Readying Your Office for MAT https://www.youtube.com/watch?v=MBWhnpxtOfl

Resources for Providers

The ASAM National Practice Guideline: For the Treatment of Opioid Use Disorder https://drive.google.com/file/d/1-rAd9sKl4yKbTJr0liOQ32L1Vu7c1Gu5/view

The ASAM Standards of Care for the Addiction Specialist Physician https://drive.google.com/file/d/1maaa180Xi8tF--r9XEwxRF5kHjbcnSVk/view

Speaking the Same Language: A Toolkit for Strengthening Patient-Centered Addiction Care in the United States - <u>https://drive.google.com/file/d/1_hMdKg4dYE9l-</u> <u>iLkGyQpijd7tjijZzQj/view</u>

The ASAM National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use https://drive.google.com/file/d/1_1ED0FFVFQOEIbm7L7AzCr24Jh-Yuky5/view

Sustainability in Your Primary Care Office

Video

Sustainability in your Primary Care Office https://www.youtube.com/watch?v=5aiCXXZua1w

Resources for Providers

AMA Substance Use Disorder https://drive.google.com/file/d/1iSYnppV9v72FHbCSwihgzeUDq1SAQ-Zp/view

Assessing and Improving Organizational Readiness to Implement Substance Use Disorder Treatment in Primary Care: Findings From the SUMMIT Study -<u>https://drive.google.com/file/d/1M8_4fEn3D5kR3dO4PnZ2TxLVxpnaPVBe/view</u>

Clinical Pathway for Medication for Addiction Treatment https://drive.google.com/file/d/1g59184VT0CYVzX7ZhhHeh6SLOVr0S2Lr/view

Initial Screening Note Template https://drive.google.com/file/d/1L2sQ84kzh0uQN334OwHQudd4vkrp9LT5/view

Oral Health, Mental Health and Substance Use Treatment: A Framework for Increased Coordination and Integration - <u>https://drive.google.com/file/d/1i-</u> u7zZkfRSJYFERr9CQxiHTvEYrstMhs/view

OBAT Nurse Intake Form - <u>https://drive.google.com/file/d/1Y4-oKBGLTb9gDd0-N46Rdhh-</u> WEzS-eNz/view

Resources for Families

Substance Use Disorder Treatment Providers in Maine https://www.maine.gov/dhhs/obh/support-services/substance-use-disorderservices/treatment-services

SUD Recovery Supports in Maine - <u>https://www.maine.gov/dhhs/obh/support-</u> services/substance-use-disorder-services/recovery-supports

Substance Use Disorder Recovery Supports https://www.freerehabcenters.org/state/maine

Emergency Room Care for Adolescent Substance Use

Video

Emergency Care for Adolescent Substance Use: Part 1 https://www.youtube.com/watch?v=SJcUj-hid3Q

Emergency Care for Adolescent Substance Use: Part 2 https://www.youtube.com/watch?v=omoFtMa8z9E

Resources for Providers

Approach to the Adolescent with Substance Use in the Acute Setting https://drive.google.com/file/d/1AgPCsimQXlqlCXoi7Eic40Tm3E6RgwBB/view

Opioid Intoxication in Children and Adolescents https://www.uptodate.com/contents/opioid-intoxication-in-children-and-adolescents

Neuropsychiatric Sequelae in Adolescents with Acute Synthetic Cannabinoid Toxicity https://drive.google.com/file/d/13diK2yuDnhLxcv9Z9BInaTWron8lppR7/view

Prescription Opioid Exposures Among Children and Adolescents in the United States: 2000-2015 - <u>https://drive.google.com/file/d/1_tez7rdxXSPYVtSC6zdvFxFvv4m3NrRf/view</u>

Toxidromes: Event Medicine https://drive.google.com/file/d/1Yy0rReV5vIG5tA7QGyucFxrw1jhyZ4uD/view

Distributing Low Barrier Naloxone in Emergency Departments Webinar https://www.youtube.com/watch?v=HVGivhIWYro

Resources for Families

Digital/Online Resources

Video

Supporting Adolescents and Families with Remote Digital Resources https://www.youtube.com/watch?v=9dVzGgJiYO8

Resources for Providers

Prescription Drug Monitoring Programs (PDMPs) https://drive.google.com/file/d/1NtyJ8mWejOa0bk-iLonAmO6OBtM4djb2/view

Online/Digital Recovery Support Resources https://www.recoveryanswers.org/assets/Digital-Recovery-Support-Infographic.png

Technology-Assisted Care for Substance Use Disorders - <u>https://sudtech.org/</u>

Using Science to Inform the Development, Evaluation, and Implementation of Novel Digital Health Tools for Substance Use, Mental Health and Other Health Conditions https://www.c4tbh.org/

Educating & Supporting Inquisitive Youth in Recovery (ESQYIR) https://www.c4tbh.org/program-review/educating-supporting-inquisitive-youth-inrecovery-esqyir/

Technology Transfer Centers Funded by Substance Abuse and Mental Health Services Administration - <u>https://techtransfercenters.org/landing</u>

Sober Grid App - <u>https://www.sobergrid.com/</u>

SAMHSA "Talk. They Hear You" App - <u>https://www.samhsa.gov/talk-they-hear-you/mobile-application</u>

ASAM eLearning; SUD - https://elearning.asam.org/

Technology-based Interventions for Preventing and Treating Substance Use Among Youth https://drive.google.com/file/d/1e2YQDUfsHdH3C8SCUXhdzQ5mvsLqUKof/view

Resources for Families

Online/Digital Recovery Support Resources https://www.recoveryanswers.org/assets/Digital-Recovery-Support-Infographic.png

SMART Recovery Family & Friends - https://smartrecovery.org/family

SAMHSA "Talk. They Hear You" App - <u>https://www.samhsa.gov/talk-they-hear-you/mobile-application</u>

Worried About Your Child's Exposure to Drugs and Alcohol? Parent CRAFT Can Help https://www.cadenceonline.com/

Recovery

Video

Supporting Youth in or Seeking Recovery https://www.youtube.com/watch?v=5bw1Tbjsa0Y

Youth and Recovery: Supporting the Multiple Pathways https://www.youtube.com/watch?v=Xp43apQ3-e4

Resources for Providers

Integrating Behavioral Health into a School Based Health Center https://drive.google.com/file/d/1BXB-W5MtADoaWLMGfpbhb3YsNxTfu7Zr/view

Integrating Substance Use Treatment into Adolescent Health Care https://drive.google.com/file/d/155XAWc7dprlSZsd0L4-eCj6CrlXribAd/view

Recovery High Schools: Effects of Schools Supporting Recovery from Substance Use Disorders - https://drive.google.com/file/d/1OleuuBkkpzUr8Uy4xeipaTYcsJ7XBHIo/view

Role of the School Nurse in Providing School Health Services https://drive.google.com/file/d/1meP7jL1ZrZCtk78UKyw-jx4bY_hYBQf2/view

Tobacco-Free School District - <u>https://drive.google.com/file/d/1c0jRlUsMf-</u> WKjZutTdPswRDBy-qb2K_j/view

Recovery Supports for Young People with Opioid Use Disorders https://drive.google.com/file/d/1w-WIt6I6ZHqdEFIzrZ1aMmLBxaBwpskl/view

Bringing Recovery Supports to Scale: Supervision of Peer Workers https://drive.google.com/file/d/1llCZCnkB79VOUko4tlQub1O-SM9n3oU6/view

SAMHSA Core Competencies for Peer Workers in Behavioral Health Services https://drive.google.com/file/d/1206ySirK4puUsTTHiBRKMtW3zCYOSAxC/view

NAADAC Knowledge Center - https://www.naadac.org/knowledge-center

Working With Adolescents: Practice Tips and Resource Guide https://drive.google.com/file/d/1wOSl04AgYv8n5PAmuGGtNhL-IRieojHM/view

Mapping Recovery: A Qualitative Node Map Approach to Understanding Factors Proximal to Relapse Among Adolescents in a Recovery High School https://drive.google.com/file/d/1pdsIRVIVfH72vqdAUFHnDCoPLEZ2rDpN/view_

Relapse Prevention https://drive.google.com/file/d/11McDgMczZyX7v7lUWN4I9ezChyXjR10K/view

Resources for Families

NAADAC Knowledge Center - https://www.naadac.org/knowledge-center

Peer Recovery Center of Excellence - https://peerrecoverynow.org/

This content was provided by the TreatME Learning Collaborative that took place from October 2022 to November 2023. More information on TreatME can be found at <u>www.treatme.info</u>

Teens in Early Recovery: Ten Common Triggers for Relapse -

https://drive.google.com/file/d/1jTOrpx1AQY66DGLvd7nfSLQ3TQyQhzsF/view

Harm Reduction

Video

Understanding and Supporting Harm Reduction https://www.youtube.com/watch?v=6sm8gbctrQE

Resources for Providers

Principles of Harm Reduction for Young People Who Use Drugs https://drive.google.com/file/d/1bJIUrmPZdcbdY0UrGkhXCWUrEhFZahQM/view

First Responders Can Safely Administer Naloxone During the Covid-19 Pandemic https://drive.google.com/file/d/1uehR4Vj5cYoR9zNoLhBkazuUQOx8fBNh/view

Developing Harm Reduction in the Context of Youth Substance Use https://drive.google.com/file/d/10jROrSKY30q7UABD7lSpr-TqcT0acgVU/view

National Community-based Naloxone Finder https://www.google.com/maps/d/viewer?mid=1R4YEVrWzXD7zq2ZpyWVV7PEWYumijq6L &hl=en&ll=2.535993077015328%2C-112.50982429999999&z=1

SSP Locations: NASEN Directory - https://nasen.org/

Syringe Service Program Laws - <u>https://lawatlas.org/datasets/syringe-services-programs-laws</u>

National Harm Reduction Coalition - https://harmreduction.org/

Resources for Families

National Community-based Naloxone Finder https://www.google.com/maps/d/viewer?mid=1R4YEVrWzXD7zq2ZpyWVV7PEWYumijq6L &hl=en&ll=2.535993077015328%2C-112.50982429999999&z=1

SSP Locations: NASEN Directory - https://nasen.org/

Harm Reduction: Naloxone via Mail and More - https://nextdistro.org/maine